

RETREAT SCHEDULE—February 28, 29 – March 1, 2020

Retreat Topic: Divine Mother

Friday, February 28, 2020

- 1:30 p.m. Early Arrival for Set-Up
- 4:00 p.m. Regular Arrival and Check-in
- 5:00 p.m. Energization Exercises
- 5:30 p.m. Dinner (Silence Begins After Dinner)
- 7:00 p.m. Meditation and Healing Service (¾ hour kirtan followed by 1 hour meditation)
- 8:45 p.m. Private Meditation and Rest

Saturday, February 29, 2020

- 8:00 a.m. Breakfast
- 9:30 a.m. Energization Exercises
- 10:00 a.m. 6-hour Meditation Including PY Mahasamadhi Service (with ½-hour break)
- 4:00 p.m. Free Time and Energization on Your Own
- 5:15 p.m. Dinner
- 6:45 p.m. Video Presentation & 15-minute Meditation
(Video: *A Scripture of Love* by Sri Daya Mata)
- 8:00 p.m. Private Meditation and Rest

Sunday, March 1, 2020

- 7:00 a.m. Energization Exercises
- 7:20 a.m. Meditation (1 hr)
- 8:30 a.m. Breakfast & Free Time
- 9:45 a.m. Sri Yukteswarji Mahasamadhi Service (1 hr)
- 11:00 a.m. Meditation & Healing Service (1 hr)
- 12:00 p.m. Group Photo (Silence Ends)
- 12:20 p.m. Lunch
- 1:20 p.m. End

Great beyond words is the Guru, and great is the good fortune of the disciple. — Kabir

